

## EVENTS FOR YOUR DIARY APRIL - AUGUST 2009

Lincolnshire Branch meetings are held on the third Friday of the month alternating between Boston and Lincoln, commencing at 2.00pm - 4pm

**Friday 17th April - Lincoln - Lincolnshire Branch Annual General Meeting 2pm-4pm**

Join us at St Barnabas for our AGM with Guest Speaker Heidi McCloud the Director of Care Development at MNDA National Office Refreshments

If you wish to raise an item for discussion at the AGM, please contact the Secretary by telephone **01406 490709** or email [eja@dsl.pipex.com](mailto:eja@dsl.pipex.com) by 10th April

**Wednesday 20th May - Petwood Hotel 2.30 - 4.30pm Tea on the Terrace**

In mid May the gardens and the rhododendrons at the Petwood are magnificent! Join us for a social get together, enjoy a walk around the gardens with a superb tea in the Petwood suite. This is an event not to be missed! Cost £10 per person, MND patients and carers free. Please see the enclosed booking form.



**Friday 19th June - Lincoln St Barnabas - Meet and Greet 2-4pm**

Guest Speaker Mrs June Spouncer from Hearing Dogs for the Deaf. She will give a talk with slides. June requests that if possible we collect used postage stamps (leave at least 1/4 inch or half a cm around the stamp) for their organisation.



Hearing Dogs  
for Deaf People

**14<sup>th</sup> - 21st June - MND Awareness Week**

We have been granted collection days at the TESCO stores in Lincoln, Boston and Sleaford on 15/16th June - Wragby Road and Canwick Road Tesco stores - 15/16th June - Sleaford Tesco 19/20th June - Boston Tesco 25/27th June Springfields Spalding We need your help with collections! If you can spare a morning or afternoon at any of these stores contact : Gordon 01522 526898 or email [gordanhickmore@mndlincs.org.uk](mailto:gordanhickmore@mndlincs.org.uk)



**Sunday 5th July - Market Rasen Races - Sponsored by Don Noble. 1.30 - 5pm**

Enjoy a day out at the races at Market Rasen! Once again we are the chosen charity for the race day. We offer free tickets to the Tattershall Enclosure (cost £15) if you can help with the collection at the end of the meeting. A great day out for family and friends.



**Friday 17th July - Boston - Meet and Greet 2- 4pm** - Drop in for Tea and cakes and a chat !

**Friday 21st August - Visit to Sandringham**

This year for our summer outing we are organising a trip to Sandringham! We have booked our own special coach which will be fully adapted for wheelchair users. The cost of the trip will be only £15 a head which will include the coach fare, entry to the house and gardens and tea in the restaurant. Details - We leave Boston by coach at 11.30am arrive at 1pm, picnic on arrival if you wish, or take a leisurely stroll around the beautiful house and gardens. At 4pm we will have high tea in the restaurant, departing for Boston at 5pm. This is likely to be a very popular trip for members and friends so please book early on the enclosed form then we can finalise our arrangements with the bus company and Sandringham.



**LINCOLN meetings are held at the St Barnabas Day, Centre, Hawthorn Road**

**BOSTON meetings at the Methodist Centenary Church, Red Lion St.**

Maps with directions to St Barnabas and the Centenary Church may be found on the Branch website at [www.mndlincs.org.uk](http://www.mndlincs.org.uk) or by post from Gordon Hickmore

**MOTOR  
NEURONE  
DISEASE  
ASSOCIATION**

# Newsletter

**LINCOLNSHIRE BRANCH  
APRIL - JULY 2009**

**GRANTHAM INNER WHEEL  
CHOCOLATE EXTRAVAGANZA!**



**Pam Metcalf**, chairwoman of the **Grantham Inner Wheel**, chose the Lincolnshire Branch MNDA as her "Charity of the Year" during her term of office. Over the past year, the Inner Wheel has raised over £3000 for the Branch from events and functions including a "Chocolate Extravaganza" held at Great Ponton village hall in March.

Above Gordon receives a cheque from Pam with the promise of more to come ! All money raised by the ladies of the Inner Wheel will be used to provide help and assistance to patients and carers of those affected by MND in the county.



We are pleased to share the proceeds of the Chocolate Extravaganza with the Hampton Village Trust in Sri Lanka - a reconstruction project for Tsunami victims.



**FIGHTING MOTOR NEURONE DISEASE**

Our Thumbs Up symbol represents David Niven's last defiant gesture. It remains our symbol of hope.

# THE VIEW FROM THE CHAIR

BY GORDON HICK MORE



As you will see from the programme on the back page, we have a very interesting selection of events and fundraising activities throughout the year. First we have our Annual General Meeting on 17th April with Heidi McCloud as our guest speaker. We have acceptances from over 40 people, including the Mayor and Mayoress of Lincoln, Councillor Ron Hills and many of our health professionals who give us such an outstanding service.

I am pleased to record that all the committee have agreed to stand for a further year and we are also delighted to welcome Rob Biggs as an additional member of our team. Of course there is always room for others and we do need to recruit a person to promote the aims and activities of the branch with the media. Lincolnshire is such a big county with its population spread over many towns and villages, each with its own newspapers, groups and clubs. We are in competition with so many other worthy charities so we need someone to promote our cause and to help with our fundraising activities.

Despite the onset of the recession, financially we have had a remarkable year. We received a large donation from a donor who wishes to remain anonymous which I hope will enable us to provide a wheelchair service in the county. This is a complicated process as we need to involve the NHS technical team to service and maintain the chairs. The balance of this money will go to National Office to develop patient care and research. It is our pledge that local donations are used to provide help and assistance to MND patients in Lincolnshire and I am delighted to say that over the past year, thanks to the donations and help we have received from many individuals and organisations, we have met all our commitments. We have provided funding for specialist communications equipment, holidays, stair lifts, wet rooms down to smaller but essential items such as specially adapted spoons and plates.

We thank everyone individually but particular thanks to Tomlinsons Leisure Park in Chapel St Leonards for all their fundraising efforts over many years, and Grantham Inner Wheel who selected the Lincolnshire Branch as their charity of the year.

Since January our meetings in Boston and Lincoln have been well attended with Don Greenfield giving his travel talks on his journeys up the Nile, in February the Outreach team gave us an excellent presentation on the International MND conference in Birmingham which they attended. The Lincolnshire approach to patient care has created a lot of interest, and the team will be giving the presentation again at a conference for East Midlands health professionals in April.

For future events we have "Tea on the Terrace" at the Petwood Hotel in May and we have again been invited by Don Noble to be his chosen charity at the Market Rasen race meeting on 5th July. This year for our midsummer trip we are visiting Sandringham! The cost will be only £15 a head to include the bus fare, entrance to the house and high tea. This is an event not to be missed so please fill in the enclosed response card so we can finalise the bookings. Full details will also be available on the branch website

[www.mndlincs.org.uk](http://www.mndlincs.org.uk)

Finally I do hope you enjoy reading the newsletter and you participate in our activities over the coming months - you will be assured of a warm welcome at all our meetings

Kind regards

**Gordon H**

We do try to keep our mailing list updated but there are bound to be changes which go unrecorded. Please accept our apologies. If you no longer wish to receive the Newsletter or your person details have changed, please inform Gordon Hickmore 01522 526898 or email [mndlincs@mndlincs.org.uk](mailto:mndlincs@mndlincs.org.uk)

## Ebay, raising money and awareness

We are now a registered charity on ebay! To sell your unwanted items simply follow the simple 1-2-3 of selling for charity on Ebay:

- 1 If you haven't used Ebay before, you will need to register with them first. (<http://pages.ebay.co.uk/ebayforcharity/sell.html>)
- 2 List your sale items and look out for the charity box just below where you set your price. Select the MND Association and the percentage of your final selling price that you'd like to donate. Our mission statement and logo will appear in your listing.
- 3 A week after your item sells, eBay's charity partner MissionFish will automatically collect the donation from you. Every listing can be seen by everyone who searches on eBay.co.uk and the Association gets extra visibility through the 'eBay for Charity' pages. It's a great way to raise money and awareness!

## Professionals' Conference

The MND Association Annual Study Day for health and social care professionals will be held in Birmingham on 16th June. The event attracts 250 delegates from across the UK who gather to learn about the disease its impact on people affected by it and how they can improve the help and support. More information is available at [www.mndassociation.org](http://www.mndassociation.org) or contact the conference team on 01604 611858

## Be an annual conference early bird!

THE 2009 AGM and Annual Conference will be held on 12 September at the Park Inn Hotel, Heathrow. The location has been chosen specifically for its capacity to meet all our needs and to enable all attendees who wish to stay overnight to be in the same location. The annual conference offers the opportunity to learn more about MND and the care and support available to people living with the disease and their families and friends.

The Branch will fund the cost for all Lincolnshire MND patients and carers who wish to attend, including overnight accommodation and breakfast on Friday and Saturday nights.

This year's event promises to be as informative as ever, and the gala dinner in the evening will be the highlight of your social calendar! More information, including registration will be available soon at: [www.mndassociation.org/annualconference](http://www.mndassociation.org/annualconference). In the meantime for more details about the AGM/conference, or the Park Inn, contact the conference team on 01604 611822 or email [conference@mndassociation.org](mailto:conference@mndassociation.org)

Branch Contacts	Other Useful Contacts
Sue 01522 526898 for Lincoln area Ann 01205 365960 for Boston area	National Office 01604 250505 MND Connect 08457 626262
<b>Branch Officers 2009</b> Chairman - Gordon Hickmore 01522 526898 Secretary - Liz Anderson 01406 490709 Treasurer - Daphne Oxford 01526 860848	<b>Regional Care Adviser</b> Jane Connell 01636 642814 <b>Benefits Enquiry Line</b> 0800 882200
<b>Web sites:</b> MND Association Lincolnshire Branch Email	<a href="http://www.mndassociation.org">www.mndassociation.org</a> <a href="http://www.mndlincs.org.uk">www.mndlincs.org.uk</a> <a href="mailto:mndlincs@mndlincs.org.uk">mndlincs@mndlincs.org.uk</a>